

**Bible Study
The Jesus Lifestyle
How to Live and Act with Integrity
Matthew 5:33-37**

Discussion Questions

1. Have you had any recent experience of dishonesty in others?
 - a) How did it make you feel?
2. What opportunities have you had recently to show integrity?
3. Jesus said 'Simply let your yes be yes, and your No, No. If you were to follow this teaching what difference would it make in your everyday life?
4. What are some of the challenges to integrity faced by Christians in our society today?
 - a) How could these obstacles be overcome?
5. Jesus sets the bar very high in this area.(Matthew 22:16) Why do you think this is?
 - a) How can we try to achieve a level of integrity which is closer to Jesus?
6. In our Christian communities, how can we help each other to live with integrity and be role models for others?

Thought points:

The Challenge is to live our whole lives surrendered to the lordship of Christ.

Integrity of Life

- God should be the centre of our lives
- We should lead integrated lives
- Success begins with personal integrity
- The truth will always be disclosed (Luke 8:17)

Integrity of Words

- The followers of Jesus should be those who speak the truth
- Speak the truth in love (Ephesians 4:15)

Integrity of Heart

- Treat everyone the same regardless of who they are
- True integrity is when our lives, our words and our hearts are all in alignment
- Aim high, repent often, live by the spirit, enjoy God's favour

Extra reading:

Integrity is the key to strong personal relationships, long term success, good leadership, and pleasing God:

Exodus 18:16-18 (Msg version), Proverbs 11:3, Proverbs 20:28 (Msg Version), 1 Chronicles 29:17